

Families Unlimited Network
Food Bank & Community Services

Volunteer Form

Legal Name: First _____ MI _____ Last _____

Telephone: _____ Email: _____

Address: _____

City: _____ State: _____ Zip: _____

Birth Date: _____

Emergency Contact:
Name & Phone Number _____

This information is required to complete a background check through the Washington State Patrol.

Have you been convicted of a felony? _____

How did you learn about FUN? _____

Are you currently a client of FUN's food bank? _____

Describe past/present work experience and volunteer activities:

Why are you interested in volunteering with FUN?:

Student Community Service: _____ Hours Required

What activities do you enjoy?:

CHECK ANY OF THE VOLUNTEER OPPORTUNITIES THAT INTEREST YOU:

- 1. () **Food Bank:**
 - o Food distribution on Tuesday & Thursday 11:00 AM - 1:00 PM or Saturday 10:30 AM - Noon
 - o Food preparation on Tuesday, Thursday (9:30 AM - 10:00 AM), and Saturday (8:30 AM - 9:30 AM)
 - Sorting, packaging, set-up, maintenance
 - o Driver Helper on Monday & Friday 8:30 AM - 10:00 AM
- 2. () **Food Drives:** Sponsor a food drive

Occasional Opportunities:

- () **Summer Lunch Program:**
 - Prepare and distribute lunches (June-September)
- () **Back to School Supplies:**
 - Assists with distributing school supplies (August)
- () **Community Christmas:**
 - Assists with distribution of food and gifts
- () **Clerical:**
 - Writing 'Thank you' notes, etc.
- () **Other Skills:**
 - Marketing, web design, gardening, HR, building maintenance, etc.

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Photos and Video Use Permission

Photos and videos may be taken in the food bank and at various related functions and then may be posted on our website, social media, and/or newsletter. Please let us know if you do not wish to have your picture made public.

I volunteer to be an active member of FUN and to perform the functions checked above to the best of my ability.

Signature: _____ Date: _____

If under the age of 18, please have a parent/guardian sign below.

Parent/Guardian Signature: _____ Date: _____